

Pain is a family problem, too.



The people you care about can't physically share your pain, but they suffer with you in their own way. No one likes to see someone else in pain and feel like there's nothing they can do to help. HealthPoint can give your loved ones the knowledge they need to help you overcome pain at home, and to support you as you learn.

Directions from the West (Indiana):

- Travel I-64 Eastbound.
- Take Exit 17 for Blankenbaker Pkwy.
- Travel 2.3 miles to Shelbyville Rd.
- Turn right on Shelbyville Rd.
- Travel 1 mile to Evergreen Rd.
- Turn left on Evergreen Rd.
- Take 2nd left on Brinley Ave.
- Turn left into 2nd parking lot.

Directions from the East (Lexington):

- Travel I-64 Westbound.
- Take Exit 19B for I-265 North.
- Travel I-265 North for 1.2 miles.
- Take Exit 27 for Shelbyville Rd.
- Turn left on Shelbyville Rd.
- Travel 1.6 miles to Evergreen Rd.
- Turn right on Evergreen Rd.
- Take 2nd left on Brinley Ave.
- Turn left into 2nd parking lot.

We are in the 1st building on the 1st floor.

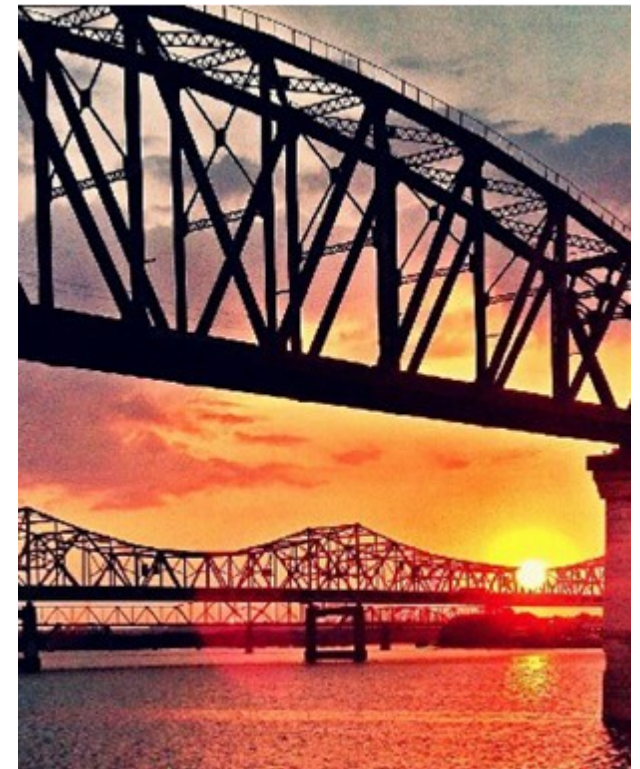


11900 Brinley Avenue, Suite 101
Louisville, KY 40243

502.895.0000 office | 502.895.7955 fax
info@healthpoint.ws



Pain Management Services



www.healthpoint.ws

(502) 895-0000

Living with pain every day is hard.

- It affects your sleep.
- You get irritable with your loved ones.
- You can't function as well at your workplace.
- It interferes with your activities at home, such as chores, sports and hobbies.

Pain keeps you from the activities that used to make you feel productive, and that's what *really* hurts. The pain is hard enough, but losing your quality of life is even harder.

Let HealthPoint help you.



Our qualified Behavioral Medicine team will show you how to overcome pain.

- We'll start with a detailed needs assessment to identify the physical, emotional and social factors affecting your pain.
- Then we'll implement a concrete plan to break the "Cycle of Overdoing" that makes your pain so unbearable.
- Our approach empowers you with specific skills to control your body. We'll show you effective methods to decrease your pain.

- We provide you with a confidential setting, where we observe the ethical principles of trained counselors.
- Above all, we'll restore your hope. Your pain *can* be managed with the HealthPoint approach.

Take back your quality of life!

